



# CCPA NET Letter

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Collin County  
Psychological Association

OCTOBER 2008  
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UPCOMING 2  
Meetings

Review your 2  
Listing!

**IT IS TIME TO RE-  
NEW! GET your  
CCPA Member-  
ship Application!**

See CCPA Website  
**Opportunities! 2  
Office Space,  
Groups and More**

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ETHICALITY

### FUTURE MEET- INGS:

- 10/24– PSYCHO-ANALYTIC — TINO'S—12 NOON
- 12/5 HOLIDAY SOCIAL
- 1/23 –TREATMENT PROGRAMS - TINO'S—12 NOON



## FAMILY LAW THEDA PAGE, ATTY

CCPA MEMBERS were challenged by this presentation on family law and the collaborative process. Ms. Page comes highly recommended and she

talked about her work with divorce, custody and related issues!

## HOLIDAY SOCIAL

5208 LASER LANE, PLANO 75023

IT IS NEVER TOO EARLY TO PICK UP THAT SPECIAL “GIFT” FOR THE EXCHANGE! THE EXCHANGE AND OUR TIME TOGETHER IS A “SPECIAL BONDING TIME”. MARK YOUR CALENDAR!

**RSVP: [wichern@att.net](mailto:wichern@att.net), 972.234.3178**

## “PSYCHODYNAMIC THEORY”

10/24—12 NOON Ψ DR. TRATTER

PLEASE PLAN TO ATTEND AND  
BRING YOUR COLLEAGUES

## UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at TINO's Mexican Restaurant, Collin Creek Mall, Plano, unless otherwise specified. Tino's is in the South Main Entrance on the west side of 75. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

**Oct. 24—Psychodynamic Theory— 12 Noon Tino's Collin Creek— 1.5 CEU's**

**Dec. 5—Holiday Social—Frank & Pattie Wichern's Home 5208 Laser Ln, Plano 75023**

**Jan. 23—TREATMENT ISSUES- T. MERCHANT, MS— 12 Noon Tino's Collin Creek— 1.5 CEU's**

**Feb. 28—TBA— 12 Noon Tino's Collin Creek— 1.5 CEU's Ethics**

**PLEASE CHECK YOUR REFERRAL INFO. ON [www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!**

**WE ARE RECEIVING A NUMBER OF REQUESTS FOR PRO BONO SERVICES. PLEASE NOTIFY FRANK WICHERN AT [wichern@att.net](mailto:wichern@att.net) IF YOU WOULD LIKE TO RECEIVE A REFERRAL!**

### OPPORTUNITIES!

#### Office Space

Several 200 sq. ft. offices with waiting area available. Located in Richardson near UTD.

Office with other mental health professionals.

Contact Frank Wichern at 972-234-3178 or [wichern@att.net](mailto:wichern@att.net)

#### Services -Groups

Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at [Gsauerphd@aol.com](mailto:Gsauerphd@aol.com)

#### SMU CENTER FOR FAMILY COUNSELING

Sliding Scale, low cost counseling. Contact 972-273-3456

#### Assessment Materials

Susan Porter-Levy has made several child abuse assessment tools available. Also she has some neuropsych testing tools for sale. Please contact Susan for more information: [porterlevy@aol.com](mailto:porterlevy@aol.com)

**LET THIS SPACE WORK FOR YOU!**

**Advertise your specialty or service so our members can refer or utilize it!**

**Send to: [wichern@att.net](mailto:wichern@att.net)**

**CCPA PRESIDENT'S COLUMN:**

**SEPTEMBER 2008**

***Greetings CCPA members!***

I want to start this column by thanking those who came to the last CCPA meeting. We did not have a speaker and decided to make the meeting an open forum and informal. The turnout was tremendous and conversation was very stimulating. It was validating to share the issues of concern in our professional and personal lives. To take a meeting that was unstructured and make it productive and invigorating is a credit to the Association. It appears that together we all have a voice that not only needs validation but to be heard as well.

In following the spirit of being heard, the Texas Psychological Association Convention in Austin will be November 20<sup>th</sup> and if you have any concerns please pass them on to anyone on the board and we will do what we can to get answers. We are also fortunate to have Tim Branaman in CCPA who is very active in Austin and can assist us with concerns as well.

Gordon Sauer, Ph.D., recently expressed that BCBS has reduced the reimbursement fees for service and there were those in the last Association meeting who expressed their concerns to BCBS. We all need to confront this action and make our voices known so it does not become a trend. When I called BCBS to get an official explanation for the decrease in fees, the blame was directed towards medicare in justifying this action.

For those interested, the TPA website has an article on this topic: **'Responding to Managed Care Rate Cuts: A Practical Guide for Psychologists.'**

**Reminder:** The next CCPA Meeting is September 26, 2008 at Tino's. The speaker will be Theda Page of Page Law firm. Mrs. Page will present on "Family Law and the Collaborative Process." I hope that you will be able to attend this very informative presentation. Additionally, if anyone has particular topics that you want presented at the CCPA meetings please let feel free to share your ideas with anyone on the board. We are working to line up speakers for the up and coming year.

Please mark on your calendar The CCPA Christmas Social for December 5, 2008 at 7:00 pm. Details will be provided to you in the next newsletter.

The next board meeting will be Friday, October 3, 2008 at noon. Please feel free to join us at Frank Wichern's office.

As hurricane IKE is heading for us, I hope you will be safe as we continue to make life safe for those who trust us with their fears and anxieties.

Gary Grossman, Ph.D. [gary@drdonbishop.com](mailto:gary@drdonbishop.com)



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Psychological Association**

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[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

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connects!*

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**ANNOUNCEMENT OR OTHER  
RELEVANT INFORMATION,  
CONTACT CCPA: [wichern@att.net](mailto:wichern@att.net)**

***BOARD MEETINGS:***

***Please attend!***

600 W. Campbell Rd #5,  
Richardson

*NOON – First Friday of month!*

**PLEASE  
RENEW YOUR  
CCPA  
MEMBERSHIP!**

**Application at:  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)**

**MENTOR'S CORNER:** *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and we solicit your suggestions, recommendations and Questions!*

**ETHICALITY!** From: Frank Wichern

**Mental Health America Hails Approval of Federal Parity Legislation**

The Bill Broadly Outlaws Health Insurance Discrimination; Recognizes Importance of Mental Health to Overall Health  
Mental Health America today hailed as "a great civil rights victory" the approval of a mental health parity legislation that will broadly outlaw health insurance discrimination against Americans with mental health and substance-use conditions in employer-sponsored health plans.

The legislation, which recognizes the importance of mental health to overall health, bans employers and insurers from imposing stricter limits on coverage for mental health and substance-use conditions than those set for other health problems. It will provide parity for 82 million Americans covered by self-insured plans and another 31 million in plans that are subject to state regulation. It is estimated that roughly 67 percent of adults and 80 percent of children requiring mental health services do not receive help, in large part because of discriminatory insurance practices.

The legislation applies to group health plans of 51 or more employees.

The bill takes the following steps:

-- If a plan offers out-of-network benefits for medical or surgical care, it must also offer out-of-network coverage for mental health and addiction treatment and provide services at parity.

-- Strong state parity and consumer protection laws are preserved while extending parity protection to 82 million more people who are not protected by state laws and 31 million in plans that are subject to state regulation.

**QUESTION: PLEASE MONITOR HOW THIS NEW LAW EFFECTS YOUR PRACTICE AND GIVE US FEEDBACK AT CCPA!**