



# CCPA NET Letter

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Collin County  
Psychological Association

FEBRUARY 2009  
Volume 18, Issue 2

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UPCOMING 2  
Meetings

Review your 2  
Listing!

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ship Application!**

See CCPA Website

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## FUTURE MEET- INGS:

- 2/27- HIPPA — TINO'S—12 NOON
- 3/27 CHILD CUSTODY ISSUES— 600 W CAMP-BELL
- 4/24 RECORD KEEPING IT— TINO'S—12 NOON
- 5/15 -TBA- TINO'S—12 NOON

## TREATMENT PROGRAMS

T. MERCHANT, M.S.  
MANY THANKS TO TAZIM  
FOR A INFORMATIVE  
PROGRAM ON INPATIENT  
TREATMENT PROGRAMS  
OFFERED BY ASPEN  
EDUCATIONAL GROUP!

THE AVAILABILITY OF WILDERNESS AND INPATIENT TREATMENT FOR ADOLESCENTS, INCLUDING ONE SITE HERE IN EAST TEXAS, IS IMPRESSIVE. ALSO, SOME OF OUR MEMBERS HAVE WORKED WITH TAZIM IN PLACEMENTS AND FOUND THEM VERY COOPERATIVE. CHECK THEM OUT AT: [www.aspeneducation.com](http://www.aspeneducation.com)

**NEXT CCPA MEETING LOCATION !**  
**TINO'S MEXICAN RESTAURANT**  
**SOUTH MAIN ENTRANCE**  
**COLLIN CREEK MALL**

## **"PRACTICAL HIPPA"**

2/27—12 NOON Ψ B. WHITEHEAD, PhD

**PLEASE PLAN TO ATTEND AND  
BRING YOUR COLLEAGUES**



## UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at TINO's Mexican Restaurant, Collin Creek Mall, Plano, unless otherwise specified. Tino's is in the South Main Entrance on the west side of 75. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

**Feb. 27—Practical HIPAA: Ten Simple Ways to Do the Right Thing— B. WHITE-HEAD— 12 Noon Tino's Collin Creek— 1.5 CEU's Ethics**

**March 27—CHILD CUSTODY ISSUES— John A. Zervopoulos, Ph.D., J.D., 12 Noon — 600 W CAMPBELL RD, RICHARDSON, LUNCH, 3 CEU's ETHICS RSVP: 25 MEMBERS LIMIT, wichern@att.net**

**April 24—Record Keeping IT—J. Simpson, PsyD-12 Noon Tino's Collin Creek— 1.5 CEU's Ethics**

**May 15—TBA— 12 Noon Tino's Collin Creek— 1.5 CEU's**

**PLEASE CHECK YOUR REFERRAL INFO. ON [www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!**

**WE ARE RECEIVING A NUMBER OF REQUESTS FOR PRO BONO SERVICES.**

### OPPORTUNITIES!

#### Office Space

Several 200 sq. ft. offices with waiting area available. Located in Richardson near UTD.  
Office with other mental health professionals.  
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*Special discount for fellow CCPA members!*

**LET THIS SPACE WORK FOR YOU!**

**Advertise your specialty or service so our members can refer or utilize it!**

**CCPA PRESIDENT'S COLUMN:**

***FEBRUARY 2008***

***Greetings CCPA members!***

We are off to another year in Collin County Psychological Association. The board has worked hard to put together another great year of very informative speakers covering those topics of importance in our practice. Growth often relies on being informed to make sound decisions.



I want to express my appreciation to our January speaker, Tazim Merchant, M.S., of the Aspen Education Group. Her informative presentation helps us be informed on the different treatment resources available to adolescents with certain therapeutic needs.

The next CCPA presentation will be February 27, 2009 at noon at Tino's. Dr. Bill Whitehead will present on Issues related to HIPPA.

Another reminder for your calendar is March 27, 2009. Dr. John Zervopoulos will be returning for a 3 hour ethics presentation on "The Nuts and Bolts of Conducting Evaluations." He will examine the professional issues and procedures with referrals; conducting evaluations; the content of the report; record management; and testifying in court. This presentation requires R.S.V.P. to Dr. Frank Wichern and location of the presentation will be at Dr. Wichern's office. I look forward to seeing you all at the presentations.

For those of you interested in attending the next board meeting, we will meet on March 6<sup>th</sup> at noon at Dr. Wichern's office. Please feel free to join us.

As for other issues of interest, I was planning on including a conversation with David White about concerns we need to be aware of with the Texas Psychological Association, however I was unable to get in touch with him before the deadline of this printing. I will provide information he reveals at the next meeting.

PLEASE JOIN US ON 2/27!

Gary Grossman, Ph.D. [gary@drdonbishop.com](mailto:gary@drdonbishop.com)

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Psychological Association**

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[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

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connects!*

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**ANNOUNCEMENT OR OTHER  
RELEVANT INFORMATION,  
CONTACT CCPA: [wichern@att.net](mailto:wichern@att.net)**

***BOARD MEETINGS:***

***Please attend!***

600 W. Campbell Rd #5,  
Richardson

*NOON – First Friday of month!*

**PLEASE  
RENEW YOUR  
CCPA  
MEMBERSHIP!**

**Application at:**  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

**MENTOR'S CORNER:** *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

**ETHICALITY!** From: Frank Wichern

**MORE BEING GROUNDED!**

In response to the last column, several have commented on the psychological value of suffering. Darrin M. McMahon writes in "Happiness, a history" that Western Civilization has pursued a premise that suffering tests the values and virtues of a person and that perseverance in hardship produces happiness. Perhaps the current economic perils will challenge the individual to test whether material wealth brings happiness. Does the value of stocks and accumulated wealth determine self worth or is my life with others my comfort?

To put it mildly, there is an existential crisis. Clients are searching for grounding. They are asking about what is real. They still have problems of depression or anxiety, parenting or marital and family communications, but their confidence in themselves and what they know "works" seems to be sorely tested. Since many of us work with high achievers, they tend to fault themselves. Guilt over poor money management either because of credit card debt or over extension of life style, rack their self esteem. To add insult to injury, they still believe that they should succeed, but don't know what to do!

**ENTER THE PSYCHOLOGIST!** It may be time to dust off your existential psychotherapy books. Your clients need reassurance that you, their therapist, are there. Meeting with you is being grounded in the present where you are safe! Healthy systems are safe, and whatever your problems, there is a place where a therapist knows your name. **CHEERS**, the TV show, was about being grounded. In your life struggles, you had a place to go. As therapists, we need to be able to acknowledge the "struggle" and that suffering does build character. We are not **Google!** We are wise and we can encourage wisdom in our patients but we have to let them **be**, just to suffer in this moment and know that we connect to them. **And being connected to others is what is really valuable and brings happiness!**