

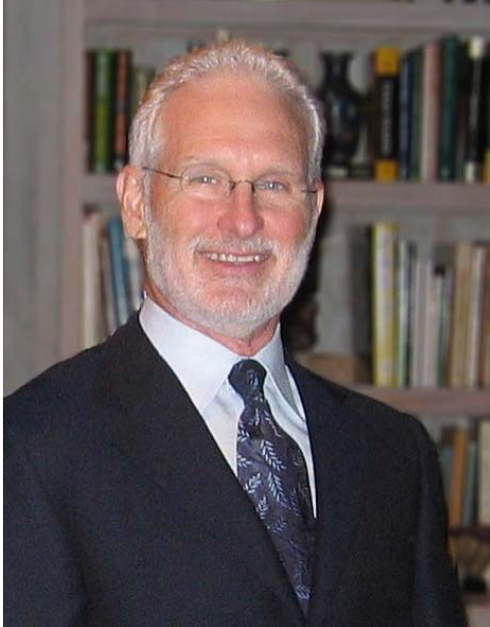


CCPA NET Letter

www.psychselect.com/ccpa

Collin County
Psychological Association

May 2005
Volume 14, Issue 5



TPA UPDATE with Paul Burne, PhD **HIGHLIGHTS:**

- Sunset appears to basically be a done deal, finally!
- The TPA office has been moved to a much more professional location near the capitol in the same office as our lobbyist. This brings the TPA folks in daily contact with our elected officials, thus increasing our exposure and making it easier to promote our profession in the state.
- Our new lobbyist appears to be highly experienced and a very good strategist.
- A parity bill is being promoted by corporations in the Houston area that understand that having access to mental health benefits for employees, equal to medical benefits, has been shown to improve retention and productivity while decreasing absenteeism and training costs. (duh...)
- TPA will be able to offer its members a health insurance package very soon that sounds very good and cost effective. Members will have a CC payment made to TPA monthly (one month in advance).

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GET your CCPA Membership Application!

See CCPA Website

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FUTURE MEETINGS:

- 5/20—Neuro-immunology & Stress:
Southfork Hotel 12 Noon
- 6/24—Treating Chemical Dependency:
Southfork Hotel 12 Noon

“NEUROIMMUNOLOGY & STRESS”

5/20—12 PM Ψ J. WOOD, PhD, UTD.

**Please attend and bring a friend!
Our meetings are a great time to network!**

UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at the Southfork Hotel Plano, unless otherwise specified. The Southfork Hotel is on the east side of 75, 1 block north of 15th Street in Plano. Meetings are usually held in the Hackberry room. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

May 20— Neuroimmunology & Stress - Dr. Joe Wood, UTD— 12 Noon, Southfork Hotel Plano

June 24—Why Psychologists should treat Chemical Dependency—Jason Simpson, Psy D 12 Noon, Southfork Hotel Plano

CCPA OFFICER'S SLATE:

Vote on 6/24!

Steve Sliwinski, Ph.D.

Past President

Jason Simpson, Psy.D.

President

Sarah Spreda, Ph.D.

President Elect

**Elizabeth Lombardo,
Ph.D.**

Treasurer

Secretary

July 22—To be announced

**August 26—Eating Disorders—Sarah Spreda, PhD—Free Lunch—600 W. Campbell Rd. #5, Richardson, 75080
RSVP: 972-234-3178 or wichern@att.net**

September 23—Ethics—Michael Gottlieb, PhD—12 Noon, Southfork Hotel Plano

PLEASE CHECK YOUR REFERRAL INFO. ON www.psychselect.com/ccpa! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!

OPPORTUNITIES!

Office Space

Several large offices with waiting area available . Located in Richardson near UTD. Office with other mental health professionals.

Contact: Frank Wichern (972) 234-3178

West Plano 2300 sq. ft. office condominium has two spaces for lease to mental health professionals. The smaller office is about 172 sq. ft. in area and faces onto an eastern courtyard. The larger office has about 272 sq.ft. and has eastern and northern windows, a skylight, and built-in cabinets. Both have internet connections, phone hookups, recessed lighting, and soundproofing. The suite itself has a very nice and spacious waiting room, a nice admin area, file storage, a kitchenette, and interior restrooms for clients and staff. A separate exit is also provided for client and staff use. Free parking and easy access to all parts of the Metroplex are added features of this location. Please call Tom Van Hoose for more details at 972-250-2919.

Services

Groups

Sarah Spreda, PhD and Jason Simpson, PsyD will be offering a **Divorce Recovery Support Group!** The group will concern issues about the divorce transition. Contact them at 972.670.5153 Or 469.879.9588

email: groups@SynergistWeb.com

Billing

WE MANAGE MANAGED CARE! You are in charge of scheduling your patients, treating your patients, and your TRF's . We do the rest. We are seasoned professionals. We make the phone calls to managed care and make sure they

pay. We pre-authorize, file your claims, process your EOB's, do all the billing and collections, send you monthly reports, answer patients billing and insurance questions, and more! Free yourself to market your practice or balance your life! Call JLD and Associates at 972 -424 - 9212.

LET THIS SPACE WORK FOR YOU! Advertise your specialty

CCPA PRESIDENT'S COLUMN: Greetings CCPA members! April 2005



Welcome to the online edition of our CCPA Net Letter! Please keep us informed of any changes in your e-mail address. You can always check for the latest issue as well as recent back issues on our www.psychselect.com/ccpa website.

Thanks to Dr. Sarah Spreda and Dr. Frank Wichern for their encouraging presentation on authentic happiness. I have been trying some of their ideas and business has been dropping off dramatically (Insert laughter here.)!

A special thanks to Dr. Elizabeth Lombardo for securing an unusually good conference room rate at the Southfork Hotel. Dr. Lombardo's diplomacy skills are saving us money.

The Southfork Hotel is owned by the corporation that owns Dallas's "Southfork Ranch." We may be seeing the staff wearing cowboy hats and quoting "J.R." in the near future.

Dr. Jason Simpson is very experienced in substance abuse treatment among his other areas of specialty. Dr. Simpson will be presenting on the issue of doing psychotherapy with clients who are currently working on their substance use problem.

Thank you, Dr. Simpson for offering your expertise.

Apparently enough of us completed our TPA group insurance enrollment forms. It looks like TPA received enough forms to proceed with negotiations on the new group insurance policy/program for psychologists in Texas. When negotiations are completed TPA will E-Mail us with the details. Until then you may go to www.texaspsyc.org for more details.

I attended a workshop on the new HIPPA law recently and thought I would share some of my impressions. Although I find the topic boring and oppressive, I, as well as others, left the meeting feeling somewhat relieved.

It seems that any investigations by the HIPPA people are more likely to be aimed at the multimillion dollar organizations. The one person private practice and the small group private practices are not likely to draw attention from the HIPPA people.

The HIPPA rules and training are evolving and becoming easier to understand and apply.

There is now an on line training worth 4 ethics CEU's at APApractice.org. This training is not the same as the Compliance Workbook.

The new Online Compliance Workbook is nearly complete. It will be complete this month. For a reasonable price you will be able to answer a structured series of questions about your practice where choices of answers are offered. After choosing answers to all the questions the Compliance Workbook software will print out a HIPPA Policies and Procedures Manual that is custom tailored to your practice. You will then have a systematic manual that will address every aspect of the HIPPA law that applies to your practice. No more guesswork or uncertainty!

When the Online Compliance Workbook is completed this month you will be able to go to APApractice.org with credit card in hand and begin. It will take between 2 and 5 hours to complete for a solo practice depending on how Obsessive Compulsive you are in answering questions. Add 1 to 3 hours for a small group practice.

Please join us on the fourth Friday of April and the fourth Friday of each following month for the exciting continuation of our monthly educational programs!

Steve Sliwinski, Ph.D.

Suggestions, comments? Please contact me at dr.sliwinski@comcast.net.

**Collin County
Psychological Association**

600 W. Campbell Road
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www.psychselect.com/ccpa

The network of psychologists that connects!

CCPA EXECUTIVE COMMITTEE

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President

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President Elect

Elizabeth Lombardo, Ph.D.

Treasurer

Sarah Spreda, Ph.D.

Secretary

ANNOUNCEMENT OR OTHER
RELEVANT INFORMATION,
CONTACT CCPA: wichern@att.net

BOARD MEETINGS:

Please attend!

600 W. Campbell Rd #5,
Richardson

NOON – First Friday of month!

**A scam is circulating
that health profession-
als need a HIPPA Com-
pliance Report. You
don't need it!**

MENTOR'S CORNER: *CCPA encourages it's members to build prof-itable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

HOW IS YOUR NET ACCESS
TO HEALTH INFORMATION?

- **WebMD**—www.webmd.com—still the most popular and links you to medscape.com and [medline](http://medline.gov), unfortunately you must deal with all of the advertising.
- **National Library of Medicine**—www.nlm.nih.gov— run by NIH and very extensive with excellent links.
- **Health on the Net**—www.hon.ch—from Switzerland and appears to have very relevant information.
- **American Academy of Family Physicians**—familydoctor.org— great for looking up general medical conditions, also linked with kidshealth.org.
- **Mental Health Links by Dr. Bob**—[www.dr-bob.org/mental health](http://www.dr-bob.org/mental%20health)—excellent site to find links for mental health professionals and is usually the most current.
- **PsychCentral**—psychcentral.com— is John Grahol, PhD, very comprehensive site with all kinds of material, quizzes etc.
- **Brain Connection**—www.brainconnection.com/ amazing site on learning and the brain for all ages, a must!
- **Epinions**— www.epinions.com—a quick way to find opinions on everything from travel to home gadgets.
- **Erowid**— www.erowid.org/ - the best site to find info on illegal drugs and substances, what your drug using clients know.