



# CCPA NET Letter

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Collin County  
Psychological Association

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## Inside this issue:

UPCOMING 2  
Meetings

Review your 2  
Listing!

**IT IS TIME TO RE-  
NEW! GET your  
CCPA Member-  
ship Application!**

See CCPA Website  
**Opportunities! 2  
Office Space,  
Groups and More**

President's 3

Mentor's Corner 4  
LSOTP UPDATE  
PRACTICE LIMIT



## SELF CARE FOR PSYCHOLOGISTS

*Jennifer Hartman,  
Ph.D.*

Jennifer presented a very stimulating program on our self care. This area has been an ongoing concern for her and she has developed an extremely sophisti-

cated presentation. An important part of her self care is a peer support group composed of other psychologists who meet regularly to discuss their practices and situations they encounter. Day to day methods such as exercise, reading and relaxation along with limiting difficult clients were also discussed. If you missed this presentation and have questions, contact Jennifer! CCPA appreciates Jennifer's contributions!

**IT IS TIME TO RENEW YOUR MEMBERSHIP  
WITH CCPA!**

**Get your CCPA application at**

**<http://www.psychselect.com/ccpa/applicat.htm>**

**ELECT NEW OFFICERS THIS MEETING!**

**“PARENTING IN THE SMART ZONE”**

**6/23—12 NOON Ψ S. FLETCHER, PhD**

**Please attend and bring a friend!**

**Our meetings are a great time to network!**

## FUTURE MEETINGS:

- 6/23– PARENTING-  
Southfork  
Hotel 12 Noon
- 7/28—TPA UP-  
DATE  
Southfork  
Hotel 12 Noon
- 8/28—ISSUES IN  
NEUROPSYCH  
600 W CAMP-  
BELL—FREE  
LUNCH

## UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at the Southfork Hotel Plano, unless otherwise specified. The Southfork Hotel is on the east side of 75, 1 block north of 15th Street in Plano. Meetings are usually held in the Hackberry room. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

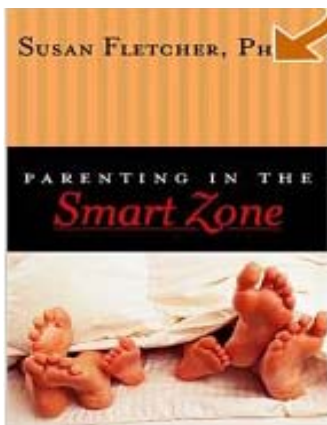
**June 23— Parenting in the Smart Zone— Susan Fletcher, PhD- 12 Noon, Southfork Hotel Plano *SEE BELOW!***

**July 28— TPA UPDATE— M. David Rudd, PhD, President-Elect -12 Noon, Southfork Hotel Plano**

**August 28 - Issues in Neuropsych—Earl Johnson, PhD, Ft Worth Psych Assoc Pres. 12 Noon, 600 W. Campbell Rd #5, Richardson— *FREE LUNCH***

**Marital Therapy Workshop coming in the Fall!**

**PLEASE CHECK YOUR REFERRAL INFO. ON [www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!**



CONGRATULATIONS SUSAN FLETCHER!  
This new book from one of our members is a real achievement. Visit Susan's website at [www.hearsusan.com](http://www.hearsusan.com)

### OPPORTUNITIES!

#### Office Space

West Plano 2300 sq. ft. office condominium has two spaces for lease to mental health professionals. The smaller office is about 172 sq. ft. in area and faces onto an eastern courtyard. The larger office has about 272 sq.ft. and has eastern and northern windows, a skylight, and built-in cabinets. Both have internet connections, phone hookups, recessed lighting, and soundproofing. The suite itself has a very nice and spacious waiting room, a nice admin area, file storage, a kitchenette, and interior restrooms for clients and staff. A separate exit is also provided for client and staff use. Free parking and easy access to all parts of the Metroplex are added features of this location. Please call Tom Van Hoose for more details at 972-250-2919.

West central Plano office for lease one bk. s. of medical center of Plano on coit rd., approx. 200 sq.ft. office and w.r., b.r., furnished; ALL INCLUSIVE w/ tel. and long distance, fax, frig., copier. meals not included though I may be able to help some with referrals. \$350/mo. Contact Dan Cox at 972-596-5960

#### Services -Groups

**Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at [Gsauerphd@aol.com](mailto:Gsauerphd@aol.com)**

***LET THIS SPACE WORK FOR YOU! Advertise your specialty or service so our members can refer or utilize it! Send to: [wickern@att.net](mailto:wickern@att.net)***

**CCPA PRESIDENT'S COLUMN: Greetings CCPA members!**



**June 2006**

This year has passed so quickly... It has been a good year, as well as a somewhat stressful year, full of a multitude of changes. (*"Change is the only constant in the universe."*) I have enjoyed the continued opportunity know more of you, and to serve CCPA. I ask you to continue to let your friends in our field, know of the benefits of our membership; and to continue to develop our collegial and mutually beneficial relationships. Also consider joining us at the monthly board meeting, it has become a good collegial support that I value, and I would wish for you. Lastly, I would also like to thank those of you who were willing to volunteer your skills and precious time to the unfortunate victims of last year's hurricane season. One of the unexpected awareness's, was discovering how difficult it is to efficiently apply our services to crisis situation.

These unfortunate occurrences, as well as the recent challenges to our profession, have highlighted the lack of understanding and misinformation about our profession, in the view of the public and those who create boundaries on our profession. I urge you to remain active with CCPA, and the other organizations that promote public awareness of our profession and to protect it.

I look fwd to seeing you all across the next year. And look fwd to an extended CEU opportunity in the near future... stay tuned. I have enjoyed my year on the board as your president, and look forward to the future, as the office passes to Dr. Spreda's capable hands.

**G. A. Jason Simpson, Psy.D. Contact at : [JasonPsyD@comcast.net](mailto:JasonPsyD@comcast.net)**

It was a nice break to hear Jennifer Hartman in May discuss *"Self Care for Psychologists!"* We often seem to forget that we need to nurture and care for ourselves! We enjoyed a lot of good humor at the last meeting.

Since this is my first newsletter column as President of CCPA for the 2006-2007 year, I would first like to recognize Dr. Jason Simpson, as the Past President. Jason has been diligent in his work and service to CCPA. He has highlighted many issues this past year. I particularly commend him on his efforts to organize psychological services, and distribute useful information to CCPA members regarding issues and coordination with the Red Cross during the hurricane disasters last fall. Thank you Dr. Simpson for all your services as President this past year! I would also like to recognize Dr. Elizabeth Lombardo for serving as Treasurer and Dr. Steve Sliwinski as Past President. We are forever grateful to Dr. Frank Wichern for his continued and tireless efforts for the monthly Newsletter and his yearly hospitality for hosting the annual summer social at his office in August and our wonderful Holiday social at his lovely home each December! Finally, I would like to thank Dr. Gary Chase for serving as Secretary this past year and his upcoming endeavor to serve as President-Elect. Dr. Chase has already been hard at work by recruiting new CCPA members and tracking down a database of psychologists in the area. With that said, CCPA would like to encourage members to participate on the Board and we are still recruiting a Treasurer and Secretary for this year. Please contact the Board Members if you are interested. The Board meets on the First Friday of the Month at Dr. Wichern's office located at 600 W. Campbell in Richardson from 12:00 to 1:00. I am very much looking forward to serving as President of CCPA this year. The CCPA Board will continue to plan timely and relevant monthly CE topics and as always, welcomes your feedback and input. Suggestions for starting a consultation group and increasing collaboration with the Dallas Psychological Association have been recommended by members at recent meetings. We want to remind you that any member can attend the First Friday of the Month Board meeting for informal consultation! Thanks for taking time to read this column and again, I look forward to serving CCPA this year.

**Sarah Spreda, Ph.D.**

Questions or comments please contact me at 469-879-9588; [sfsprea@sbcglobal.net](mailto:sfspreda@sbcglobal.net);



**Collin County  
Psychological Association**

600 W. Campbell Road  
Suite 5  
Richardson, Texas  
75080  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)

*The network of psychologists that  
connects!*

***CCPA EXECUTIVE COMMITTEE***

***Steve Sliwinski, Ph.D.***

***Past President***

***Jason Simpson, Psy.D.***

***President***

***Sarah Spreda, Ph.D.***

***President Elect***

***Gary Chase, Ph.D.***

***Secretary***

***Elizabeth Lombardo, Ph.D.***

***Treasurer***

**ANNOUNCEMENT OR OTHER  
RELEVANT INFORMATION,  
CONTACT CCPA: [wichern@att.net](mailto:wichern@att.net)**

***BOARD MEETINGS:***

***Please attend!***

600 W. Campbell Rd #5,  
Richardson

***NOON – First Friday of month!***

**PLEASE  
RENEW YOUR  
CCPA  
MEMBERSHIP!**

**Application at:  
[www.psychselect.com/ccpa](http://www.psychselect.com/ccpa)**

***MENTOR'S CORNER:*** *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

**UPDATE ON THE LSOTP RULE MAKING!** Tim Branaman advises that those interested view the new proposed rule at: <http://texinfo.library.unt.edu/texasregister/html/2006/may-26/PROPOSED/22.EXAMINING%20BOARDS.html#158>

Tim advises, "While there are improvements there are still concerns, in my opinion, for psychology at large. "

Certainly , if your practice includes treatment of sexual offenders, you need to check out definitions, practice issues, licensing and especially confidentiality issues. The next public meeting is June 23 and you may desire to have input.

**COALITION FOR PATIENTS' RIGHTS (CPR) CALLS ON  
AMA TO CEASE DIVISIVE EFFORTS TO LIMIT PA-  
TIENTS' CHOICE OF PROVIDERS**

*24 health care organizations\* unite to ensure patients' a full range of health care provider options and the right to choose among them*

Washington, DC , June 8, 2006 – In response to divisive efforts by the American Medical Association (AMA) and other physician groups to limit the ability of licensed health care professionals to provide care to millions of patients, the newly formed Coalition for Patients' Rights (CPR) today urged all health care professionals to work together to counter the AMA's actions.

The CPR was formed to ensure that the growing needs of the American health system can be met and that patients have access to quality health care providers of their choice. The coalition represents more than 3 million licensed professionals who provide a diverse array of safe, effective and affordable health care services.

In a joint statement endorsed by the 24 health care groups\* that comprise the coalition, the CPR expressed concern about the negative impact on patients if their ability to seek care from advanced practice nurses, psychologists, nurse midwives, chiropractors, and many other licensed, qualified health care providers is limited. The coalition is calling on the AMA and other physician groups aligned with the AMA to cease their divisive efforts to oppose the established practice rights of CPR members. The coalition also seeks an end to legislation at the state level that would reduce provider options for patients.

The CPR is especially concerned about efforts by the AMA and other physician groups that have formed the "Scope of Practice Partnership" to study the work and qualifications of "allied health professionals" in rural and underserved areas.

"Limiting the ability of health care professionals to practice and provide appropriate care will place an enormous burden on the health care system," remarked Barbara Blakeney, MS, RN, President of the American Nurses Association, which is a member of the coalition. "As leaders of the health community, this coalition seeks to maintain the broadest range of provider choices for everyone," said Blakeney.

The coalition questions the objectives of the AMA and other physician organizations when they seek to advise consumers, regulators, policymakers and insurers on the ability of other health care professionals to offer the services they are allowed by law to provide. Health care providers are a critical source of care for patients throughout the United States, especially those who live in rural areas and medically underserved urban areas. Historically, people who live in rural areas have relied on a strong array of practitioners to meet their health care needs. Advanced practice registered nurses, social workers, and other professions that require rigorous educational preparation and ongoing instruction and certification are the backbone of not just the rural health care system, but the entire health care structure in the United States.

[www.patientsrightsnow.org](http://www.patientsrightsnow.org).