



CCPA NET Letter

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Collin County
Psychological Association

June 2007
Volume 16, Issue 6

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Meetings

Review your 2
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**IT IS TIME TO RE-
NEW! GET your
CCPA Member-
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FUTURE MEET- INGS:

- 6/22— SUICIDE PREVENTION— TINO'S 12 Noon
- 7/27—TBA - TINO'S 12 Noon
- 8/24—CUSTODY EVALUATION UPDATE — 600 W. CAMPBELL — 12 Noon— LUNCHEON



COLLIN CO. CHILDREN'S ADVOCACY CENTER

DAN POWERS, ACSW
Collin County Children's Advocacy Center is comprised of 32,000 sq ft and houses over 120 professionals dedicated to serving Collin County Children, and their non-offending family members, suffering from abuse. The

center is at 2205 Los Rios Boulevard in Plano, Texas. The center uses a multi-disciplinary team (MDT) approach to investigate, treat and prosecute child abuse. Clinical services for the non-offender is long term and referral is by CPS. The center investigated over 3700 allegations of abuse from Collin Co. last year. Thanks for a invaluable service!

Please come and vote for officers on 6/22!
Gary Grossman for President Elect; Jason Simpson for Secretary, Frank Wichern for Treasurer

NEXT CCPA MEETING LOCATION !

TINO'S MEXICAN RESTAURANT
SOUTH MAIN ENTRANCE
COLLIN CREEK MALL

"SUICIDE PREVENTION"

6/22—12 Noon Ψ **M. WRIGHT, G. ATKINS**

**PLEASE PLAN TO ATTEND AND
BRING YOUR COLLEAGUES**

UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at TINO's Mexican Restaurant, Collin Creek Mall, Plano, unless otherwise specified. Tino's is in the South Main Entrance on the west side of 75. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

June 22— Suicide Prevention, Gray Atkins, PhD, Margie Wright - 12 Noon, Tino's, Collin Creek Mall, Plano

July 27— TBA —12 Noon, Tino's, Collin Creek Mall, Plano

**August 24—Custody Evaluation Update, John Beaty, PhD— 12 Noon, 600 W. Campbell Rd, Richardson
CEU 1.5—Ethics**

PLEASE CHECK YOUR REFERRAL INFO. ON www.psychselect.com/ccpa! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!

OPPORTUNITIES!

Experienced Therapist Needed

Fletcher & Associates Psychological Services, P.A. is a private practice that offers a multi-dimensional approach to service provision. We are seeking an experienced therapist who specializes in eating disorders with a current state license to join our practice. Approximately 15 hours per week. Candidate should have experience providing individual and group therapy in a private practice setting. Candidate will be responsible for clinical documentation, positive interaction with team members and ongoing referral generation. Interested candidates may contact jeanine@fletcherphd.com or call Jeanine at 972-612-1188.

Office Space

West central Plano office for lease one bk. s. of medical center of Plano on coit rd., approx. 200 sq.ft. office and w.r., b.r., furnished; ALL INCLUSIVE w/ tel. and long distance, fax, frig., copier. meals not included though I may be able to help some with referrals. \$350/mo. Contact Dan Cox at 972-596-5960

Services -Groups

Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at Gsauerphd@aol.com

Vickie Sutherland is accepting referrals for a FREE Adult Process Group!

Thursday evenings from 6:00 to 7:30 PM.

Meetings will focus on personal discovery and growth.

Contact Vickie @ 972.231.7782

LET THIS SPACE WORK FOR YOU! Advertise your specialty or service so our members can refer or utilize it! Send to: wickern@att.net

CCPA PRESIDENT'S COLUMN: Greetings CCPA members!

June 2007

First a thanks to Dan Powers, Senior Director of Clinical and Administrative Services for the Collin County Children's Advocacy Center for speaking in May. It was great to hear that the Center had recently raised over a million dollars at a recent fundraiser hosted by Jay Leno. This is a wonderful resource in the community!



It's hard for me to believe that this is the last Presidential column that I will be writing for CCPA. As I sit here and type, I am reflecting on the past year and thinking about the number of wonderful speakers we had visit CCPA this year. Dr. Susan Fletcher started our year with her presentation on "Parenting in the Smart Zone." I remember receiving many emails about her enthusiasm and positive encouragement to challenge ourselves to be "entrepreneurs" in the field of psychology and private practice. Last July, Ms. Kara Faletto, represented the Rape Crisis Center of Collin County and the resources and programs offered by the center. I'm reminded of the Rape Crisis Hot Line 1-800-866-RAPE that can be a useful resource for our practices. In August, we were fortunate to have Dr. Earl Johnson speak on "Issues in Neuropsychology." As is typical in August, the late summer meeting was held at Dr. Wichern's office. I remember enjoying good food, colleagues and having brought together two local area society's Presidents, Dr. Earl Johnson, Fort Worth Psychological Association President, and Dr. Tim Branamen, Dallas Area Psychological Association, President. In September, CCPA offered a four hour seminar on "Couples Therapy", by Dr. Terry Parsons. He also highlighted topics from his book, "*The Intimacy Jungle*." Back to Dr. Wichern's office in October, Dr. Jason Simpson presented on "Ethical Issues in the Electronic Age." Besides obtaining ethics credits, we got to see Dr. Wichern dressed in a Halloween costume! In November, CCPA partnered with the Dallas Psychological Association and the Fort Worth Association to host a joint Social at the Texas Psychological Association's Annual meeting in Dallas. We offer a tremendous thanks to Dr. Dan Cox for hosting the Holiday Social at his home in December. As always, there was much laughter and a great evening of renewing friendships. Of course the gift exchange and this year, the pig were a big success! Back to work in January, Dr. John Kamphaus provided an informative "Review of Psychotropic Medication." In February, "Legal and Ethical Issues" presented by attorneys, Robbie Malone and Kenda Dalrymple offered timely and updated information on record keeping, assessment, and other important and relevant professional issues. Once again, back at Dr. Wichern's office for lunch and his presentation on "Ethics in Billing and the NPI." Thanks to Dr. Wichern for his determined efforts and time to share useful information on the CMS 1500 form for filing claims. In April, Dr. Marion Underwood, Professor at the University of Texas at Dallas presented her research on social aggression, "Ice and Fire."

I'm once again impressed with the quality and diversity of the speakers this year. As I reflect back, I realize that the strength and commitment of the Collin County Psychological Association is in its members and the efforts of the members of the executive committee. In closing I need to thank you for having me serve as President of CCPA this past year. More importantly, the members of the executive board deserve appreciation for their dedication and efforts to make CCPA better each year. I would like to thank and recognize the members for 2006-2007: Dr. Jason Simpson, Past President, Dr. Steve Sliwinski, Past President, Dr. Gary Grossman, Secretary, Dr. Gary Chase, President Elect, and Dr. Frank Wichern, Newsletter, Host of Meetings.

Sarah Spreda, Ph.D.

**Collin County
Psychological Association**

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www.psychselect.com/ccpa

*The network of psychologists that
connects!*

CCPA EXECUTIVE COMMITTEE

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Sarah Spreda, Ph.D.

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Gary Chase, Ph.D.

President Elect

Gary Grossman, PhD

Secretary

Frank Wichern, Ph.D.

Treasurer

**ANNOUNCEMENT OR OTHER
RELEVANT INFORMATION,
CONTACT CCPA: wichern@att.net**

BOARD MEETINGS:

Please attend!

600 W. Campbell Rd #5,
Richardson

NOON – First Friday of month!

**PLEASE
RENEW YOUR
CCPA
MEMBERSHIP!**

**Application at:
www.psychselect.com/ccpa**

MENTOR'S CORNER: *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

FROM: Gary Grossman, PhD

RE: WILDERNESS PROGRAMS

When working with adolescents who are not functioning at school or home an effective alternative to traditional outpatient treatment is a wilderness residential program. I have worked with these programs over the years with great success. I have sent about 12 - 17 adolescents to wilderness programs over the last 3 years. Primarily I have used "Lone Star Expeditions" in Groveton, Texas. This is a licensed treatment program for teens between ages 13-17. The length of stay tends to be between 28-42 days, however this can change depending on clinical needs and financial considerations of the family.

This approach offers a comprehensive psychological assessment, individualized treatment plans, individual and group therapy sessions in a wilderness environment with licensed therapists. The family will receive weekly treatment planning sessions and patient progress. The family also has written family assessments and parenting training. The referring clinician will receive weekly updates on treatment goals worked on and progress as well as access to website where progress can be observed through pictures.

This program works best for those with a history of emotional and behavioral difficulties, low self-esteem, depressive symptoms, and school and family conflict. Diagnostic categories commonly referred are Depression, Oppositional defiant Disorder, Anxiety Disorder, Bi-polar Disorder, Substance Abuse, ADHD, and Post-Traumatic Stress Disorder.

The limits of this approach include cost as insurance will not pay for this approach but the program will provide fee options to help the high cost of treatment. The daily rate is \$445.00. Those with major thought disorders, violence outsider the home, chronic runaway history, or a history of using injections are also not appropriate for this program. Additionally, there is no school component however there are other programs where the adolescent can receive school credit and graduate with a High School Degree.

While the adolescent is intensely working on their issues out in 92 acres of forest hiking daily and learning life skills, the family is working with the referring therapist so that treatment goals will have the best chance for success. The transformation when the teen returns home is profound. For further information, please feel free to call (972) 398-9444 and I would be happy to help determine if this is the best approach to consider.