



CCPA NET Letter

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Collin County
Psychological Association

JULY 2006
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Meetings

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NEW! GET your
CCPA Member-
ship Application!**

See CCPA Website

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PARENTING IN THE SMART ZONE

SUSAN FLETCHER,
Ph.D.

Susan has been a friend and colleague for many of us for many years. It was like a family get together to have her share her professional and personal transi-

tions. It encouraged us that Susan has identified her values and used them to guide her development of her practice and career. Not only does she have her book but also a platform for practice, consulting and national speaking engagements. Susan offered tips on branding (Smart Zone), working with consultants and mentors, practice development and getting books published. Be sure to visit her web site: www.hearsusan.com to see all that she has going on! Thanks Susan, we are proud that you are a part of CCPA!

**IT IS TIME TO RENEW YOUR MEMBERSHIP
WITH CCPA!**

Get your CCPA application at

<http://www.psychselect.com/ccpa/applicat.htm>

Save 9/22 for Marital Therapy Seminar!

“TO BE ANNOUNCED”

7/28—12 NOON Ψ

Please attend and bring a friend!

Our meetings are a great time to network!

FUTURE MEETINGS:

- 7/28—TBA
Southfork
Hotel 12 Noon
- 8/25—ISSUES IN
NEUROPSYCH
600 W CAMP-
BELL—FREE
LUNCH
- 9/22— MARITAL
THERAPY—
Southfork Hotel
12—4 PM

UPCOMING MEETINGS—SCHEDULE THESE NOW!

Our monthly meetings are held from 12:00 noon to 1:30 p.m. on the 4th Friday of each month at the Southfork Hotel Plano, unless otherwise specified. The Southfork Hotel is on the east side of 75, 1 block north of 15th Street in Plano. Meetings are usually held in the Hackberry room. Members may order lunch from the menu, or just enjoy the presentation. 1.5 CEU credits are given to members for attending the meeting.

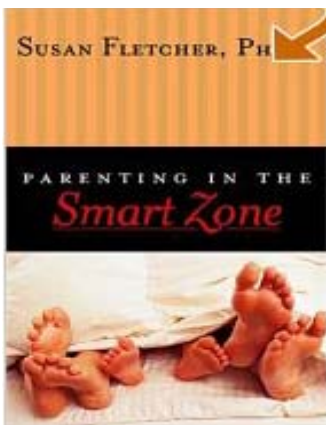
July 28—TBA – -12 Noon, Southfork Hotel Plano

August 25 - Issues in Neuropsych—Earl Johnson, PhD, Ft Worth Psych Assoc Pres. 12 Noon, 600 W. Campbell Rd #5, Richardson—FREE LUNCH, RSVP: wichern@att.net, 972.234.3178

Sept 22—Marital Therapy Workshop T. Parsons, PhD, 12-4 PM Southfork Hotel, Plano!

Oct 27— Ethics in the Electronic Age – Jason Simpson, Psy D- 12 Noon, Southfork Hotel Plano Ethics CEU!

PLEASE CHECK YOUR REFERRAL INFO. ON www.psychselect.com/ccpa! We try to keep it up to date, but we need you to verify your location and phone info. Remember you need to be current on dues to be listed!



CONGRATULATIONS SUSAN FLETCHER!
This new book from one of our members is a real achievement. Visit Susan's website at www.hearsusan.com

OPPORTUNITIES!

Office Space

West Plano 2300 sq. ft. office condominium has two spaces for lease to mental health professionals. The smaller office is about 172 sq. ft. in area and faces onto an eastern courtyard. The larger office has about 272 sq.ft. and has eastern and northern windows, a skylight, and built-in cabinets. Both have internet connections, phone hookups, recessed lighting, and soundproofing. The suite itself has a very nice and spacious waiting room, a nice admin area, file storage, a kitchenette, and interior restrooms for clients and staff. A separate exit is also provided for client and staff use. Free parking and easy access to all parts of the Metroplex are added features of this location. Please call Tom Van Hoose for more details at 972-250-2919.

West central Plano office for lease one bk. s. of medical center of Plano on coit rd., approx. 200 sq.ft. office and w.r., b.r., furnished; ALL INCLUSIVE w/ tel. and long distance, fax, frig., copier. meals not included though I may be able to help some with referrals. \$350/mo. Contact Dan Cox at 972-596-5960

Services -Groups

Gordon Sauer currently has groups running for 5th grade girls, 5th grade boys, 3rd grade boys, 7th grade boys and 10th grade boys. Contact Gordon at Gsauerphd@aol.com

LET THIS SPACE WORK FOR YOU! Advertise your specialty or service so our members can refer or utilize it! Send to: wichern@att.net

CCPA PRESIDENT'S COLUMN: Greetings CCPA members!

July 2006

It's hard to believe its July already! I hope everyone is staying cool. I want to thank Dr. Susan Fletcher for speaking in June about "Parenting in the Smart Zone" and about her personal experiences with writing and publishing the book. I heard many comments about her energy and entrepreneurial spirit that was inspirational and thought provoking.

In the last newsletter, we encouraged other members to participate on the Board and I am pleased to announce that Dr. Gary Grossman has volunteered to be Secretary for the 2006-2007 year. I would also like to encourage you to renew your membership if you have not already done so. Please remember that we continue to participate in consultation at the Board meetings on the First Friday of the Month at Dr. Wichern's office located at 600 W. Campbell in Richardson from 12:00 to 1:00.

I wanted to give you an important update from the Texas State Board of Examiners of Psychologists (TSBEP) May 11, 2006 meeting. The TSBEP voted at this meeting to dismiss the proposed rules regarding independent practice for licensed psychological associates. I encourage you to read the article in the summer 2006 *Texas Psychologist* written by Melba J. T. Vasquez, Ph.D. ABPP, President of the Texas Psychological Association. Dr. David Rudd, President-Elect TPA will be speaking about other important issues at our July meeting.

I'd like to remind you of TPA's annual convention in Dallas, November 16-18, 2006. CCPA is working on hosting a joint social with the Dallas Psychological Association and the Fort Worth Psychological Association. This is still being planned, so please look for more information in the coming months. We have an interesting summer and fall CE scheduled planned so please mark your calendars for the following:



SUMMER 2006 MEETING SCHEDULE

Friday, July 28th: M. David Rudd, Ph.D., ABPP, President-Elect, Texas Psychological Association. *"Annual TPA Update."* 12:00 Noon South Fork Hotel Plano

Friday, August 25th Earl Johnson, Ph.D. Fort Worth Psychological Association President. *"Issues in Neuropsychology."* (Rescheduled from May). **Summer Luncheon Dr. Frank Wichern's Office 600 W. Campbell, Richardson.**

FALL 2006 MEETING SCHEDULE

Friday, September 22nd Terry Parsons, Ph.D. *"Marital Therapy."* **4 CEU's. 12-4:00.**

There is a fee for this extended session. South Fork Hotel Plano.

Friday, October 27th Jason Simpson, Ph.D. *"Ethics in the Electronic Age."* 12:00 Noon South Fork Hotel Plano.

The CCPA Board will continue to plan timely and relevant monthly CE topics and as always, welcomes your feedback and input. Sarah Spreda, Ph.D. Questions or comments please contact me at 469-879-9588; slspreda@sbcglobal.net; <http://www.apapa.org/DrSarahSpreda>

Sarah Spreda, Ph.D.

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**Collin County
Psychological Association**

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*The network of psychologists that
connects!*

CCPA EXECUTIVE COMMITTEE

Jason Simpson, Psy.D.

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Sarah Spreda, Ph.D.

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Gary Grossman, PhD

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Frank Wichern, Ph.D.

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ANNOUNCEMENT OR OTHER
RELEVANT INFORMATION,
CONTACT CCPA: wichern@att.net

BOARD MEETINGS:

Please attend!

600 W. Campbell Rd #5,
Richardson

NOON – First Friday of month!

**PLEASE
RENEW YOUR
CCPA
MEMBERSHIP!**

Application at:
www.psychselect.com/ccpa

MENTOR'S CORNER: *CCPA encourages it's members to build profitable, ethical practices. These tips are timely and* we solicit your suggestions, recommendations and Questions!

Psychologist's Job Outlook:

According to projections, psychologists can look forward to growth in employment for the next ten years. The fine print in this news is that that growth is in working for agencies, schools, etc. Independent practioners will probably not fare well due to competition from MA level practioners. They have flooded the field and insurers are more likely to refer to the lower compensated MA group.

The good news is that psychologists who work in group practices tend to receive considerably higher salaries. Maybe there is profit in numbers. *From The National Psychologist, 7/2006*

LOSING FRIENDS: RECENT TRENDS

A recent study in *American Sociological Review* has found headlines and editorials. Basically, the study suggests that since 1985, Americans have become lonelier. Americans have fewer close friends in whom they can confide than they did 20 years ago. The number of people reporting that they had no one to confide in nearly tripled. People tend to believe that only their spouse or a family member may be safe to talk. People want a friend to talk to but also don't seem to be investing in developing and maintaining friendships!

Having intimate friends has also been found to be the most significant factor in dealing with health issues as we age; over health care, nutrition and exercise.

Do you encourage your clients in having friends and expanding their social networks?